CERTIFICATE Sorokolit Nataliia

Doctor of Physical Education and Sports,
Associate Professor, Associate Professor at the Department
of Theory and Methodology of Physical Culture,
Lviv State University of Physical Culture
named after Ivan Boberskyj

has completed the scientific and pedagogical internship at Cuiavian University in Włocławek (Włocławek, the Republic of Poland) during the period from February 5 to March 17, 2024

DEVELOPMENT OF DIGITAL COMPETENCIES
IN PHYSICAL EDUCATION AND SPORTS SPECIALISTS:
EXPERIENCE OF THE REPUBLIC OF POLAND

Subject area «Sports» ECTS credits: 6 (180 hours)



Internship program

1.	Readiness of teachers to use digital technologies	30 hours
2.	Creation of a new interactive learning space	32 hours
3.	The most popular digital resources that can be used by a physical education and sports specialist in educational activities	20 hours
4.	The significance of continuous advanced training on the development of digital competencies for all subjects of higher education institutions	25 hours
5.	Features of shaping digital culture in higher education institutions	30 hours
6.	Creating tools for monitoring and evaluating digital competencies	25 hours
7.	Advisory work	10 hours
8.	Participation in a training workshop and work on scientific and methodological reports	8 hours

Total: 180 teaching / working hours
The curriculum of the scientific and
pedagogical internship is fully carried out

DYREKTOR Brura Wapolipracy 2 Zag

Joanna Skiba, Head of International Office,