

CERTIFICATE

of Completion of Training

LERMOV/PL AWF/16

Ivanna Bodnar

completed the training

“EDUball/BRAINball method in preschool and primary education”

as part of the project “Learning by Moving! Innovative and Interdisciplinary Teaching Methods in Preschool and Primary Education,”
project number 2024-1-PL01-KA220-HED-000250640, co-funded by the European Union.



Co-funded by
the European Union

30/09/2025

Learning outcomes:

Knowledge:

- The participant can explain the assumptions of the EDUball/BRAINball method in education and therapy, and describe its benefits for physical, cognitive, psychological, and social development in children aged 5–10.
- The participant knows the principles of planning and conducting EDUball/BRAINball activities for children aged 5–10, including adaptation to individual needs and safety rules.

Skills:

- The participant can plan and conduct EDUball/BRAINball activities, adapting them to the age, abilities, and individual needs of children while ensuring safety.
- The participant can practically apply the EDUball/BRAINball method in various activities for children aged 5–10, selecting, modifying, and adjusting them to achieve the goals of the class and support children's learning and development.

Competences:

- The participant supports integration, communication, and the development of social skills within a group of children.
- The participant acts in accordance with ethical principles, promotes positive attitudes during physical activity.
- The participant demonstrates openness to innovative methods and a willingness to improve their teaching practice.

Quality assurance:

Quality of the course is ensured in accordance with Wrocław University of Health and Sport Sciences' internal procedures.

Period of learning: 26 February 2025- 13 March 2025

Number of ECTS: 1 ECTS

Workload: 25 hours

Type of assessment: test online

Form of participation: hybrid (online lectures and practical workshops)



Co-funded by
the European Union

Wrocław University of Health and Sport Sciences

Wawrzyniak
dr Sara Wawrzyniak

CERTIFICATE OF COMPLETION OF TRAINING

LERMOV/GR/19

Ivanna Bodnar

completed the training

“Kinetic Theatrical Play”

as part of the project “Learning by Moving! Innovative and Interdisciplinary
Teaching Methods in Preschool and Primary Education”

project number 2024-1-PL01-KA220-HED-000250640, co-funded by the
European Union



Thessaloniki, 30/09/25

“Kinetic Theatrical Play”

Learning Outcomes:

Knowledge

- The participant is able to articulate the core theoretical foundations of the Kinetic Theatre methodology within educational contexts and to distinguish it from other modes of theatrical expression.
- The participant is able to describe the pedagogical and developmental benefits of the Kinetic Theatre method for the holistic growth and emotional expression of children aged 5–10.
- The participant demonstrates an understanding of motor-based expressive modalities (mime, pantomime, improvisation) and their interrelation with narrative construction and stage action.

Skills

- The participant is capable of applying techniques of physical expression through the use of the limbs, facial expressions, and full-body movement.
- The participant is able to employ the body creatively for the interpretation of roles and emotional states.
- The participant is capable of conveying ideas, experiences, or narratives without reliance on verbal language.

Competences

- The participant is able to creatively re-enact, through physical movement, diverse experiences drawn from everyday life, mythology, or fairy tales.
- The participant effectively fosters inclusion, communication, expressive ability, and the development of creative skills within a group of children.
- The participant is able to organize and actively engage in collaborative artistic processes with respect, consistency, and a strong sense of pedagogical responsibility.

Quality Assurance

The quality of the course is ensured in accordance with the internal procedures of the Aristotle University of Thessaloniki.

Period of learning: April 28 -29, 2025 and May 5-6, 2025

Number of ECTS: 1 ECTS

Workload: 30 hours

Type of assessment: test online

Form of participation: hybrid (online lectures and practical workshops)

Aristotle University of Thessaloniki




Prof. Katerina Mouratidou